



## Destination: Leh/Ladakh

Ladakh is a remote region in Northern India, located between the Himalayan and Kunlun mountain ranges. Historically a Buddhist kingdom, Ladakh was strategically placed at the crossroads of major trading routes. The region is commonly called “Little Tibet” and many travelers have discovered this destination as an alternative to visiting the disputed territory of Tibet.

### Leh Fast Facts:

- ⦿ Former capital of Ladakh
- ⦿ Located at an altitude of over 11,500 ft
- ⦿ Boasts a strong religious co-existence of Tibetan Buddhism and Islam

## THE TRAVEL CORNER

### What do Sodha Travelers recommend in Leh?

*“Any day trip should include Lamayuru Monastery, and on the return a visit to Alchi Choskar.”*

*“Grab a bite to eat at Pumpernickel German Bakery. The apple pie and other treats are sure to satisfy a sweet tooth.”*



## - Featured Tour: Legacy of Leh/Ladakh -

Sodha Travel is excited to announce our newest Featured Tour: [Legacy of Leh/Ladakh!](#) Start your 8-day journey in Delhi, visiting the Red Fort, Raj Ghat, and Humayun’s Tomb . Then, fly to Leh and experience one of the few remaining abodes of Buddhism in South Asia. Reserve [Legacy of Leh/Ladakh](#) in the month of February and receive a \$50 discount per person!



**Omasila**

## - STAY -

### ☆☆☆☆ Omasila

If you prefer opulent accommodations, don't let the 3\* rating deter you from considering this hotel. Many celebrities have chosen Omasila, including Brad Pitt, who resided in Suite 21. Fresh fruits and vegetables are grown in the adjoining garden, and the hotel is one of the few in Leh that remains open year-round.

Omasila was also a Travelers Choice 2012 Winner for *Best Bargain Hotels in India*.



**Grand Dragon**

### ☆☆☆☆ Ladakh Residency

Located five minutes from Leh in Changspa Village, the Ladakh Residency is a family-operated hotel. The rooms are basic, though spacious, and most have balconies with views of the Himalayas. The owners are especially accommodating with special dietary needs and will prepare meals on request.

### ☆☆☆☆ Grand Dragon

The Grand Dragon blends traditional architecture with luxurious amenities – not to mention spectacular views of the surrounding landscape. The ecofriendly property has central heating and 95 rooftop solar panels to heat the water supply – a luxury in the remote region.



**Tibetan Prayer Flags**

## - DINE -

### Summer Harvest

Summer Harvest offers reasonably priced Tibetan and Kashmiri Food, and is also known for their Momo's, a dumpling native to Tibet. Located on Fort Road, City Center.

### Tibetan Kitchen

This summer-only establishment (closed October – May) can be quite busy in the evening hours. Try the *gyakho*, a soup with vegetable, beef, and pork broth.

Located on Fort Road, City Center.



**Lamayuru Monastery**

## - TOUR -

### Leh Palace

Modeled after the famous Potala Palace in Lhasa. Built at the beginning of the 17th century, the palace is both a colossal fortress and an architectural masterpiece.

### Hemis Monastery

The largest Buddhist monastery in Ladakh. Hemis is also the stage for the famous Hemis Festival where masked dances are performed to the accompaniment of cymbals, drums and long horns.

### Lamayuru Monastery

Lamayuru is one of the largest and oldest gompas in Ladakh, with a population of around 150 permanent resident monks.