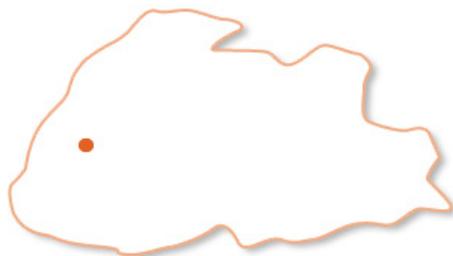


Destination: Paro, Bhutan



Paro, Bhutan

Although Bhutan's early history is rich in mythology, much of it remains unknown. It may have been inhabited as early as 2000 BC, but little was recorded until the introduction of Tibetan Buddhism in the 9th century by monks fleeing the turmoil in Tibet. Bhutan is also one of the only countries that has been independent throughout its history, never conquered, occupied, or governed by an outside power. The people of Bhutan have drawn a rich culture and made it the essence of their timeless identity.

Paro Fast Facts:

- ⦿ Paro Valley is recognized as one of the most beautiful in Bhutan
- ⦿ Paro Tsechu, a religious festival, is celebrated in Paro in the springtime
- ⦿ The main street in Paro was only built in 1985

THE TRAVEL CORNER

What do Sodha Travelers recommend in Paro?

"A traditional hot stone bath. Historically it is believed to have medicinal benefits in healing joint pain, hypertension, arthritis, and stomach disorders."

"Try to visit during a festival. The dancing, music and costumes are brilliant."



Bhutan Dancers

- Featured Tour: Legacy of Bhutan -

Bhutan opened its doors to tourism in 1974, with the number for tourists kept to an environmentally manageable level through government regulated tourist tariffs. Bhutanese are renowned for their happiness and are a proud people who wear their national costume with pride. In this tour, visit the wondrous sights of Paro, Thimphu, Punakha, Gangtey, and Bumthang. [Experience the legacy of Bhutan](#), a jewel in the Himalayas. [Reserve this tour](#) in the month of July and receive \$75/off registration!



Uma Paro

- STAY -

★ ★ ★ **Tshering Farmhouse**

A unique homestay experience where guests can learn more about the community, language and traditions. Accommodations are clean and basic but the opportunity to stay with locals is a highlight for many travelers.

★ ★ ★ ★ ★ **Uma Paro**

True luxury in Paro. The Deluxe Rooms offer spectacular views of Paro Valley. There are also spacious villas with a traditional wood burning stove and private spa treatment area. Guests can arrange a traditional marriage blessing ceremony with 20 monks at Kyichu Lhakhang, one of the oldest temples in Bhutan.



Bukhari

- DINE -

Bukhari

Located in Uma Paro, Bukhari is housed in a circular pavilion with a central fireplace. It is an elegant dining experience set among tall pine trees.



Bhutan Tapestry

- TOUR -

Taktsang Monastery (Tiger's Nest)

It is believed that Guru Rinpoche, founding father of the Bhutanese form of Mahayana Buddhism, arrived here on the back of a tigress and meditated at this monastery.



Tiger's Nest

Rinpung Dzong

Built by Shabdrung Ngawang Namgyal in 1646, it now houses Paro's monk body and the offices of the civil administration. It is also the venue for the annual springtime Paro Tsechu

Ta Dzong

The National Museum, which holds unique and varied collections including ancient armor, textiles, thangka paintings, stamps, coins and natural history